



Anglo-Chinese School (Primary)
School Family Education & Parent Support Group

Parenting Talk: “DISCIPLINE WITHOUT DICTATING”

Date : 15 April 2010 (Thursday)
Time : 7.30am – 9.00am
Venue : ACS(P) PSG/SFE Room @ Clock Tower
Speaker : Mr Yam Keng Mun
Cost : \$10 per parent (*inclusive of light refreshment*)

To some parents, discipline is a word that leaves a bad after-taste, especially when their children regularly disobey or disregard their instructions. Yet rules are necessary as they reflect parents’ beliefs and desires for their children. With rules, parents and their children avoid endless cycles of inconsistencies, confusion and frustration in the family. Join psychologist Yam Keng Mun as he reviews some traps for parents to avoid and strategies to establish clear rules with their children – rules that direct children to the direction parents want. This talk is highly beneficial to all parents, especially those with lower primary and younger children where rule setting is a critical milestone to achieve in effective parenting.

More about Our Speaker:

Yam Keng Mun, a Clinical Psychologist in private practice, experiences satisfaction working with parents and their children dealing with academic and behavioural problems. A parent of two adolescents, Keng Mun has developed parent coaching and enrichment activities to equip parents in families besides running regular counselling training such as “Helping others in depression” and “Helping children cope with interpersonal and school problems.”

Keng Mun also provides executive coaching and psychometric assessments for organizational leaders and managers for selection and senior job assignments. An active promoter of employee wellness, he speaks regularly at regional and national health promotion conferences.



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REGISTRATION FORM: Please write in CAPS.

Parent's name: _____

Contact numbers: _____ (H) _____ (M)

Email Address: _____

Bank/Cheque Number: _____ [*make payable to ACS(P)*]

Kindly submit the completed form and attached cheque with your name, contact number, your son/ward's name and class, as well as the words "SFE workshop" on the underside of the cheque into the drop box at the school admin office.

*For further enquiry, please contact: Mrs Christina Tan via email acsp.sfe@gmail.com.
Registration closes on **12 April 2010 (Monday)**.*