



4 February 2010

As with previous years, the PSG would like to borrow the occasion of Valentine's Day to invite everyone in ACS(P) to celebrate love in your family by giving thought to doing something special to warm the hearts of your loved ones. You may wish to highlight how much you love them, what about them that you love most, acknowledge something they have done recently that have made you proud/happy, or to simply reminisce together some of the happiest times you have spent together.

This year, we suggest that you do something special together to create bonding moments between you and your child. The following are some ideas to start your creative juices churning:

- *Write a love note and place it together with the money that you will be giving to him/her in the Chinese New Year Hong Bao.*
- *Bond over a simple cooking activity; eg, fry an omelette, make jelly, bake cookies, etc.*
- *Seize the extended holidays to spend some quiet moments together by taking a nice stroll, catch up on some of their interesting perspectives, and reaffirm your love and commitment to him/her.*
- *Take time to play family games and to laugh together 😊*

May the unconditional love of our Almighty God fill you deeply and overflow into the lives of those whom you love!

Happy Valentine's Day!

*Love & Blessings,
Julie Ng
PSG Pastoral Care*