



Health Promotion Board
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Dear Parent

The March school holidays will soon be here. We are sure that you are looking forward to spending more time together as a family during this break.

If you are planning to travel abroad, do take necessary precautions to protect your family from infectious diseases. For more information, visit www.hpb.gov.sg.

We would also like request for your support in keeping your child at home to rest, if he/she is unwell when school re-opens. Do not send him/her back to the pre- school/school until fully recovered and after the expiry of the Medical Certificate (MC) given by your family doctor.

In the past few years, there has been an increase in Hand, Foot and Mouth Disease cases starting from late March. Please do your part - be socially responsible and help prevent the spread of infectious diseases.

Let's work towards keeping our children healthy.

Happy Holidays!

Warmest Regards.

A handwritten signature in black ink that reads "K Vijaya". The signature is written in a cursive style and is underlined with a single horizontal stroke.

Dr K Vijaya
Director (Youth Health)
Health Promotion Board